

MASSAGE

R Classic Massage

Our signature full-body massage applies a combination of massage techniques and medium pressure to melt away stress and tension, improve circulation and promote total relaxation.

50 minutes - \$95 80 minutes - \$125

Deep Tissue/Sport Massage

Rescue yourself after an intense workout or overdoing any strenuous activity. This therapeutic massage uses firm pressure to relieve deep muscle tension and overworked muscles.

50 minutes - \$105 80 minutes - \$140

Aromatherapy Massage

This aromatic treatment will awaken your senses by using essential oils customized to soothe, tone, detoxify or rejuvenate your body.

50 minutes - \$105 80 minutes - \$140

Restorative Hot Stone Massage

Experience a new level of relaxation as smooth, heated basalt stones gently glide across the body in a soothing rhythmic massage. The healing stones promote release of muscle tension, tissue repair, and a feeling of total well-being.

75 minutes - \$145

De-Stress Massage

Improve your inner vitality with a localized massage. This massage focuses on a specific area of your body that accumulates the most stress and tension. Perfect for neck, shoulder, back, legs, or feet.

25 minutes - \$59

Reflexology

Relieve tension with an ancient form of healing. This foot massage uses pressure points on the feet that correlate to specific body systems to stimulate blood flow and add vitality to your step. For the ultimate foot experience, a 50-minute session will feature a calming moisturizing treatment.

25 minutes - \$55 50 minutes - \$99

Prenatal Massage

Our certified prenatal massage therapists provide a luxurious treatment created to support and nurture the mother-to-be. Special techniques will ensure complete comfort even late in pregnancy. This special treatment enhances the well being of mother and child.

50 minutes - \$105 80 minutes - \$140

Couple's Massage

Enjoy R Classic Massage experience with someone special in an adjoining suite.

50 minutes - \$105/per person

80 minutes - \$140/per person

Added Relaxation

Moisturizing Scalp treatment

Hand Rejuvenation treatment

Foot Exfoliation treatment

Each addition \$25 (no additional time)

or enjoy all three for \$60 (25 minutes)

HAND AND FOOT CARE

Manicures

Uniquely relaxing, our manicures use therapeutic essential oils to pamper hands, arms, cuticles and nails. R Spa Manicure goes beyond the essentials with an exfoliating scrub to gently remove dry skin and a paraffin treatment to seal in the moisture.

• R Spa Manicure 40 minutes - \$40

• Essential Manicure 25 minutes - \$25

Shellac Manicure

This UV3 technology combines the ease of polish with the permanence of gel to give you a chip-free extended wear nail color that lasts two or more weeks.

40 minutes - \$40

Pedicures

Our pampering pedicure will renew your feet, cuticles and nails while you relax in a comfortable massage chair. R spa Pedicure goes beyond the essentials with an exfoliating scrub, foot massage and a paraffin treatment to seal in the moisture.

• R Spa Pedicure 50 minutes - \$60

• Essential Pedicure 40 minutes - \$40

Foot Renewal

After a soothing foot bath, enjoy an exfoliating scrub to remove dead skin and soften calluses. Your feet will be revitalize with a therapeutic masque while wrapped in warm towels. The foot massage with moisturizing foot cream will leave you refreshed and energized.

40 minutes - \$50

Add-Ons

Moisturizing Mask \$10

French \$10

Shellac Removal \$15

SPA PACKAGES

Retreat

- 60-minute R Fabulous Facial
- Body Scrub of Choice
- 50-minute R Classic Massage
- Spa Cuisine Lunch

Half Day - \$259

Radiance

- 60-minute R Fabulous Facial • Spa Manicure
- Spa Pedicure • Spa Cuisine Lunch

Half Day - \$199

Reminisce For Two

- 60-minute R Fabulous Facial
- 50-minute Classic Couple's Massage
- Spa Cuisine Lunch for Two

Half Day - \$395/couple

Revitalize

Customize your R Spa package with three or more services and a spa cuisine will be included.

Customized packages for bridal parties and private parties are available. Please inquire with our Spa Director to organize and design a special group package.

GIFT CARDS

Our spa staff will assist you in selecting the perfect gift of well-being, presented in a personalized gift card. Complimentary gift wrapping available for all spa gifts from our boutique.

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SPA FACILITIES

R Spa is a wellness resort featuring a 12,000 square foot fitness center. Our luxurious amenities include locker areas, whirlpools, steam rooms, saunas and relaxation lounges.

Day use of fitness facilities is available when booking spa treatments of 50 minutes or more in length. Complimentary valet parking provided at Renaissance ClubSport for R Spa guests.

SPA ATTIRE

Robes, sandals and a personal locker are provided for your convenience. Please arrive at least 20 minutes prior to your scheduled services to relax and prepare for your spa visit. If you should arrive late, your appointment may be shortened to ensure the satisfaction of all guests.

CANCELLATION AND CHARGES

Treatments you select are reserved especially for you. We require a minimum of 12 hours advance notice for a single treatment or 24 hours advance notice for packages. Without notification, you will be charged 50% of your service fee. All treatment prices do not include gratuities. Prices subject to change without notice.

R SPA SERVICES HOURS

9:00am–9:00pm
Monday through Friday

9:00am – 8:00pm
Saturday through Sunday

2805 Jones Road
Walnut Creek, California 94597
(925) 942-6379

www.renaissanceclubsport.com/rspawc



FACE

R Fabulous Facial

Our classic European facial is specifically designed to repair and restore the vitality of your skin. This therapeutic experience revives with natural antioxidants, designed to nourish nutrition-deprived skin. You will leave glowing and radiant.

60 minutes - \$105

80 minutes - \$139

Organic Seasonal Facial

An amazing treatment using nature's best ingredients to produce healthy looking skin. Your skincare therapist will choose from fresh organic fruits, Hungarian herbs and exotic spices to customize a seasonal treatment of beautiful masques, serums and exfoliants leaving your skin refreshed.

60 minutes - \$105

80 minutes - \$139

Anti-aging Deluxe Treatment

Immediately improve skin density, texture and tone with a synergistic peel containing a blend of alpha and beta-hydroxy acids. This non-irritating formula combined with an intensely moisturizing masque will diminish fine lines and wrinkles, visibly reduce pore size, prevent future breakouts and perfect skin tone.

60 minutes - \$129

Therapeutic Acne Facial

An intensive treatment designed to relieve problem skin. The skin is deep-cleansed, purified and calmed with a soothing masque to heal acne breakouts. Regular treatments along with prescribed home care will result in significant improvement. For best results, 6 treatment sessions are recommended.

60 minutes - \$105

Series of 6 - \$525

Refreshing Facial

When time is a factor; this mini facial is the perfect skin refreshing solution. The gentle cleansing, exfoliation and customized masque will replenish your skin's nutrients for a complexion that glows.

30 minutes - \$69

Men's Fitness Facial

Replenish suppleness to skin stressed by daily shaving. Sweep away signs of fatigue with an enzyme peel, and extractions while restoring hydration.

60 minutes - \$105

80 minutes - \$139

Purifying Back Treatment

This deep cleansing treatment will remove impurities, calm blemishes, moisturize and nourish your back leaving your skin radiant and healthy.

45 minutes - \$75

Face Enhancements

The following can be added to any of face treatments without added time:

- Firming eye masque
- Multivitamin masque
- Multivitamin exfoliation treatment
- Anti-aging lifting masque
- Lip contour

Each addition - \$25

ADVANCED SKINCARE

Express Peel

This spa peel produces instant results without irritation. A patented formula, developed by a leading dermatologist, utilizes natural alpha-hydroxy acids with beta-hydroxy acids to diminish fine lines, pore size and pigmentation, control acne and oily skin, and improve texture and firmness.

20 minutes - \$69

Pomegranate Peel

The pomegranate peel works to even out the top layers of the skin and mildly stimulate collagen while potent antioxidants prevent free radical damage. Excellent for uneven skin tone and sun damaged skin; this peel stimulates collagen leaving skin looking radiant. This is a great first-time peel for those without sensitive skin.

20 minutes - \$88

Benefit Peel

This potent antioxidant peel delivers a blend of nourishing ingredients into the skin layers to gently stimulate collagen production without excessive peeling. This peel is for most skin types, including hypersensitive, acne prone, aging and rosacea clients. The benefit peel is nourishing, gentle and great for a first time peel for all skin types including rosacea and other sensitive skin types.

30 minutes - \$115

Purity Peel

This detoxifying, deep epidermal peel diminishes the appearance of blemishes and calms impure skin to reveal a glowing dewy complexion. This medical strength peel decreases bacteria, clears the skin of blemishes, heals acne lesions, controls oil and exfoliates skin cells. Perfect for oily skin, enlarged pores, all grades of acne and photo-damaged skin. This detoxifying deep peel diminishes the appearance of blemishes and calms impure skin to reveal a glowing dew-like complexion.

30 minutes - \$145

Timeless Peel

This enormously effective deep peel works to encourage the growth of healthy cells, increase cell turnover and remove layers of dead skin giving you an age defying smooth textured complexion. This medium depth dermal peel dramatically reduces the visible signs of aging. Perfect for large pores, sun damage, acne scars, premature aging and hyperpigmentation. A peel consultation with your skincare professional will be included to discuss your seven day skin prep prior to your peel. Recommended for all skin types that are looking for anti-aging benefits. Please call for more information.

45 minutes - \$270

Microdermabrasion

A rejuvenating skin resurfacing procedure that stimulates the production of new skin cells and collagen to diminish the appearance of fine lines, acne scars, blotchy complexions, uneven skin texture and regain a youthful appearance to otherwise lack-luster skin. For optimal results, a series of six is recommended with prescribed home care.

Face: 45 minutes - \$135

Series of 6 - \$675

Face and neck - \$175

Face/neck/décolleté - \$225

Add hands - \$55

LED Lumi Lift Facial

The latest in technology combining LED light with micronized current to address photo-aging and skin rejuvenation. This treatment will increase collagen 5 fold, reduce pore size, clear complexion, and improve skin texture.

75 minutes - \$175

Series of 6 - \$875

LED Facial and Microcurrent Facial are available individually for \$150 each for 60 minutes.

Lumi Derm Facial

For the ultimate skin renewal, the combination of microdermabrasion, light therapy and micronized current can be used in conjunction to lift to resurface the skin. This will treat and address discoloration, photo-aging, and firm sagging muscles all in a single treatment.

100 minutes - \$295

Series of 6 - \$1475

BODY

Tropical Sugar Polish

Immerse yourself in this sweet blend of mango ginger warming sugar as it gently exfoliates the dead surface skin cells. The sugar polish will be washed away under a Vichy shower, providing a warm "rain shower" reminiscent of the tropics.

25 minutes - \$65

With a 50-minute R Classic Massage - \$160

Muscle Relief Mud Wrap and Massage

A sports recovery ritual designed for active lifestyle. Enjoy a warm mud wrap with a face & scalp acupressure treatment; finish with a therapeutic massage designed to release muscle tightness and reduce muscle pain.

75 minutes - \$145

Spray Tanning

AirBrush tanning uses a safe, alcohol free, hypoallergenic tanning solution to customize an even, sun-kissed glow that is right for you. The color is natural, fragrance-free and fades like a suntan without the damaging effects of UV rays.

Full-Body (10-20 minutes per session)

- *One Session - \$40*
- *Five Sessions - \$150 (\$30/session)*
- *Ten Sessions - \$250 (\$25/session)*

Legs Only (10 minutes per session)

- *One Session - \$20*

Body Polish and Tan

This creamy body polish contains organic botanicals, antioxidants and essential oils designed to condition, soften and evenly exfoliate your skin. The invigorating particles smooth and prep your skin for a truly exceptional sun-free tanning experience.

45 minutes - \$105

MINERAL MAKEUP

Makeup Consultations

Learn the colors that are perfect for your skin tone with the perfect color match in 15 minutes.

15 minutes - \$15

Makeup Application

For any occasion where you want to look your best, this personalized mineral makeup application will give you glow and confidence.

50 minutes - \$50

Bridal Makeup

Ensure you look as radiant as you feel on your big day with an R Spa rehearsal and Wedding Day makeup application for you and your Bridal party. Available upon request.

WAXING

Brow Shaping	\$32	Lip or Chin	\$18
Brow Maintenance	\$22	Underarm	\$25
Full Face	\$55	Chest or Back	\$65
Half Arm	\$30	Bikini	\$40
Full Arm	\$55	Brazilian Bikini	\$85
Half Leg	\$45	Half Leg with bikini	\$70
Full Leg	\$75	Full Leg with bikini	\$95

ADDITIONAL SERVICES

Spa White Teeth Whitening

Spa White provides teeth whitening services to those in search of a brighter, whiter smile. Our clients enjoy an average of 2-5 shades lighter in only 30 minutes.

One treatment - \$125

Series of two - \$199

R SPA MEMBERSHIP

The R Spa Membership offers the wellness benefit of consistent and exceptional care of your body and mind.

Includes:

- One Monthly Massage or Facial
- 10% Discount on Skincare Products
- Same Day Access of Fitness Center
- Exclusive Specials
- Complimentary Valet Parking
- Annual VIP Spa Party

One-year membership - \$79 per month