



**RELEASE AND WAIVER OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**



In consideration of being permitted to participate in _____, being permitted to enter the CLUB's premises and/or being granted access to the CLUB's facilities, amenities, and services —

- MEMBER/PARTICIPANT hereby releases, waives and discharges the CLUB, including its officers, agents, employees, managers, independent contractors, parent organizations, subsidiaries, affiliates and other ClubSport or Renaissance ClubSport properties and personnel ("Releasees") from, and agrees and covenants not to sue Releasees for, any claim, liability, or demand of any kind or on account of any personal injury, temporary or permanent disability, death, property damage, or other damages, whether caused by the negligence of Releasees or otherwise, resulting from or in any way associated with MEMBER/PARTICIPANT's entry on the CLUB's (or other ClubSport or Renaissance ClubSport's) premises or use of the CLUB's (or other ClubSport or Renaissance ClubSport's) facilities, amenities, services, or participation in any of the activities at the CLUB (or other ClubSport or Renaissance ClubSport property(ies)) whether using exercise equipment or not, whether exercising or not, or whether on the premises or not. Further MEMBER/PARTICIPANT agrees and covenants to indemnify Releasees for, and hold Releasees harmless, from any such claims, liabilities or demands.
- MEMBER/PARTICIPANT further HEREBY VOLUNTARILY ASSUMES ALL RISKS of personal injury, including temporary or permanent disability or death, property damage, economic losses, and/or other damages to MEMBER/PARTICIPANT resulting from or in any way associated with his/her entry on the CLUB's (or other ClubSport or Renaissance ClubSport's) premises or use of the CLUB's (or other ClubSport or Renaissance ClubSport's) facilities, amenities, services, or participation in any of the activities at the CLUB (or other ClubSport or other Renaissance ClubSport property(ies)) whether using exercise equipment or not, whether exercising or not, or whether on the premises or not.
- MEMBER/PARTICIPANT acknowledges and agrees that this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT is intended to be, and is, a complete release of any responsibility of Releasees for personal injuries and/or temporary or permanent disability or death and/or property loss/damage sustained by MEMBER/PARTICIPANT while on the CLUB's (or other ClubSport or Renaissance ClubSport's) premises or while using the CLUB's (or other ClubSport or Renaissance ClubSport's) facilities, amenities, services or while participating in any of the activities at the CLUB (or other ClubSport or Renaissance ClubSport's property(ies)) whether using exercise equipment or not, whether exercising or not, or whether on the premises or not; and MEMBER/PARTICIPANT further acknowledges and agrees that it is specifically intended to and does include release, waiver, assumption of risk and indemnity as to premises liability claims such as (by example, not limitation) slip & falls and/or trip & falls at the CLUB (or other ClubSport or Renaissance ClubSport's property(ies)).

MEMBER/PARTICIPANT confirms that he/she has read and understands this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT and acknowledges and agrees to its terms, and signs it freely and voluntarily.

PRINT NAME

SIGNATURE

DATE